# ON A MISSION: AN UPDATE FOR YWCA SUPPORTERS



# **Greetings and Gratitude**

Throughout history women have been warriors in times of war and peace, and that is as obvious today as it has been anytime in the past. From the mighty women of Ukraine travelling miles with toddlers on their hips and children clinging to their hands, to the Russian women risking jail time and worse to protest the war, the resiliency of women is on display across the world.

Closer to home, women have been on the frontlines of the COVID pandemic as nurses, teachers, public health officials, and home-school instructors. They've contributed countless hours, often as volunteers or at wages that lag behind their male colleagues. In the best interest of their family, others chose to leave their jobs and careers to stay home and care for children. These acts of sacrifice are seldom celebrated, but they have been essential to our healthcare, education, and family systems.

As we commemorate Women's History Month, let us applaud the history-making courage of Ukrainian first lady Olena Zelenska, the resistance of unsung wartime heroines and the strength of women everywhere who touch our lives.

Cindy Weese Executive Director

What's New





Beginning April 9th, 2022 GUTS! will be hosting a **Virtual Screening** of LUNAFEST, a series of films by and about women, as well as a silent auction! **Check out the event trailer HERE**.

Proceeds from the event support YWCA Missoula's GUTS! empowerment program for girls and gender-diverse youth in and around the Missoula community. Through GUTS! programming, participants learn self-confidence, leadership skills, and how to build and maintain healthy relationships in a safe, creative, and supportive environment.

While we still miss the opportunity to see faces in person, we hope that you will join us in celebrating these incredible filmmakers and supporting current and future GUTS! programming! General admission will be \$5 minimum, with the option to pay more if you want. CLICK HERE for more info about this event and these films.

**GET TICKETS!** 

**Program Updates** 

# THIS MONTH AT THE FAMILY HOUSING CENTER



# Who We Are

# Introducing... Amber! OVERNIGHT ADVOCATE

While Amber is originally from Utah... she's arguably earned the honorary title of Native Montanan as she's lived in Missoula for over *25 years* now!

Like many Montanans, she enjoys all things outdoors; especially camping, rafting, fishing, and riding her motorcycle on all the back country trails. Her appreciation of adventure makes her a great fit for the work she does as an advocate.

When asked about her experience, Amber gushed: "I love working for the YWCA and enjoy meeting and helping all the wonderful people that come through our doors!"



## Get Involved

### Donate Items to Support Families in Crisis

Sometimes our participants come to us with only the clothes on their backs. Your donations provide basic necessities to help families and individuals in our programs through everyday challenges..

### **Domestic Violence Shelter Needs:**

- -backpacks/luggage
- -NEW sweatpants (all sizes)
- -tote bags/reusable grocery bags
- -NEW sports bras and underwear
- -alarm clocks

### Family Housing Program Needs:

- -toilet paper
- -diaper wipes
- -full size shampoo and conditioner

### Planet Kids Needs:

- -children's snacks
- -NEW board games for teens/older kids
- -Little Green Machine furniture/upholstery cleaner

### Youth Services Needs:

- -NEW (or unused) swimsuits/swimming goggles
- -NEW (or unused) outdoor gear
- -NEW sports equipment

CLICK HERE to view our complete wish list(s)!

# DONATION TOYS Toys CLOTHES

# Tour the Meadowlark!

### **YWConnect Tours**

Join us for an informational tour and learn about how the YWCA's programs benefit families, youth, and domestic violence survivors. Light lunch provided upon request.

Limited space. Please RSVP to confirm availability and request lunch.

### **UPCOMING DATES:**

Tuesday, April 12th - 12:30-1:30 PM Tuesday, May 10th - 12:30-1:30 PM

**RSVP** here. Contact <u>Diane</u> with any questions.

YWCA Missoula I (406) 543-6691 Iwww.ywcamissoula.org

Crisis line: (406) 542-1944 or (800) 483-7858

STAY CONNECTED





