

ON A MISSION: AN UPDATE FOR YWCA SUPPORTERS



Greetings and Gratitude

Fall is almost here, and the change is palpable, with colder mornings and the return to school. As we begin this new season, you may be thinking about how you want to invest your time and energy. Are you hoping to become more involved in the community? Do you have skills and experience to offer?

We have several [volunteer opportunities](#) available this Fall, from leading afterschool GUTS! groups and mentoring youth, to greeting families that walk through our doors at The Meadowlark front desk, to organizing merchandise at our Secret Seconds Thrift Stores. Volunteers support all our programs and operations, and we truly rely on them to provide our breadth of services to the community.

If you're interested in getting more involved with YWCA Missoula but aren't sure how, I encourage you to [join us for one of our monthly tours](#). It's one of the best ways to learn about our work and find your place among us.

With gratitude,

A handwritten signature in black ink, appearing to read "Cindy Weese".

Cindy Weese
Executive Director

What's New

Hog Donation for The Meadowlark

This spring and summer, Cecelia Huckeby, a member of Blue Mountain 4-H Club, raised a hog to donate about 150 lbs. of meat to the residents of our domestic violence shelter and Family Housing Center.

"This year I know that food is really expensive and so many people are going without food, so I wanted to a 4-H project that would help out my community," said Cecelia.

We're so appreciative of this thoughtful donation!



Run or Walk to Support YWCA at Fierce Fab 5K

Run Wild Missoula is donating a portion of race proceeds from the Fierce Fab 5K (formerly Diva Day) to YWCA's domestic and sexual violence program. This is a fun way to support our services! The race will be held on Sunday, September 25th.

[Learn more and register here.](#)



Program Updates

Support Group for Sexual Assault Survivors

This fall, in addition to our [weekly open support groups](#) for individuals who have experienced all forms of abuse or interpersonal violence, the YWCA will offer a 10-week, closed support group for people of all genders who are survivors of sexual assault. A support group can offer a safe environment to share strengths and struggles and work toward healing and growth.

The group is scheduled to start later this month. It is free to participate. Interested participants should [email Carol](#) or call (406) 543-6691 to sign up or learn more.



GUTS! Summer Programs a Success

This summer GUTS! ran three different camps designed to help girls and gender-diverse youth explore the community, the outdoors, and their personal strengths. The campers enjoyed a variety of activities, including rafting, rock climbing, biking, and farming. Thank you to all our community partners GUTS! volunteers for making this summer such a success!

[Learn more about the GUTS! program here](#)

Who We Are



Tessa McCarty, Volunteer Coordinator

Tessa McCarty recently joined YWCA Missoula as the new Volunteer Coordinator. She comes to us with previous experience from another nonprofit, working with families and children. Tessa is excited to be working at the YWCA because she can see the positive impact that our programs have on people's lives and the community. In her free time, Tessa enjoys hiking with her dog Opie, going out to dinner with friends, reading a book by any lake with her partner, and snoozing. Welcome, Tessa!

Get Involved

Become a Volunteer

Put your passion into action! Our work would not be possible without our dedicated volunteers. We currently have the following opportunities available:

- Greet residents and assist clients at **The Meadowlark front desk**
- **Lead a weekly GUTS! group** (online or in person) for girls and gender-diverse youth in the community
- Organize and price merchandise at **Secret Seconds Thrift Stores**

[Learn more about volunteer opportunities here](#). Or [email Tessa](#) with questions.

Tour The Meadowlark

Join us for an informational tour and learn about how the YWCA's programs benefit families, youth, and domestic violence survivors. **Light lunch provided upon request**

UPCOMING DATES:

Tuesday, September 13th, 12:30-1:30 p.m.

Tuesday, November 8th, 12:30-1:30 p.m.

Limited space. Please [RSVP here](#) to confirm availability and request lunch

Questions? [Contact Diane](#).

Donate Items on Our Wish List

Your donations of basic necessities can help families through everyday challenges. *We are currently only accepting new/ unused items that are on our wish list.* We accept donations Monday- Friday, 9am- 5pm.

- [Domestic Violence Shelter needs](#)
- [Family Housing Center needs](#)
- [Youth Services needs](#)

Employment Opportunities

Join our team! We're currently hiring for the following positions:

- Youth Advocate (part time)
- Family Housing Center weekend/ evening advocate (full time)
- Secret Seconds store clerks (part time/ full time)
- Secret Seconds receiving clerks (part time/ full time)

[Find job descriptions and application instructions here](#)

YWCA Missoula | (406) 543-6691 | www.ywcamissoula.org

Crisis line: (406) 542-1944 or (800) 483-7858

STAY CONNECTED

